**FLAVOURS OF TRENTINO**

**From wine to Apple and Dolomite cheeses tasting routes, here are all the delicious experiences to discover this summer in Trentino.**

There are fascinating stories behind wine, that have been accumulated and passed down through the centuries to a new generation of winemakers.   
The Alpine region, **Piana Rotaliana** (located in the north of Trento), known as "*the most beautiful vineyard in Europe*" produces mouth-watering delicious bold red wine **Teroldego Rotaliano D.O.C,** thanks to the Alluvial soils fed by the Adige and natural barrier of mountains that keep the coldest winds at bay.

Fascinating stories of wine can be discovered via **new cycling route** that passes through the most evocative places of this area and crosses vineyards, rivers, climbs up panoramic hills, reaching villages, wineries, historic farms and farmhouses, where the flavours of Trentino’s food and wine can be discovered.

**Wine Tour 50** extends to **50 km in the Piana Rotaliana** and involves all six villages in the area, with detours to the north towards Salorno (South Tyrol) and to the east towards Giovo (Valle di Cembra). The tour has two alternative routes one to the north, all flat, and one to the south, which takes through scenic spots while passing through the hills. This tour leads through incredibly beautiful vineyards, passing numerous wineries and architectural gems to be discovered one by one, accompanied by the peaceful flow of the Adige. To get the most out of the tour it is recommended to go anti-clockwise. As this tour trail is shaped like a circle, you can start out from any point. The bikes recommended for this tour are gravel, trekking or MTB bikes as well as touring version e-bikes.

More information: <https://girodelvino50.it/>

During the summer visitors of **Piana Rotaliana** wineries can learn many secrets of this fascinating winemaking world straight from the winemakers themselves. Unique experiences like tours through the vineyards, trekking experiences, picnics, vineyard brunches, wines and spirits tastings and particularly memorable occasions when wine is combined with music, art or games are available for everyone. Here are some of the offers currently available that will take through the stories of Teroldego Rotaliano and the other wines of the Piana Rotaliana:

[Azienda Agricola Zanini](http://www.zaniniluigi.com/en/home-en/), a small family-run winery in Mezzolombardo, holds an experience called “*I miei 5 elementi*”, or “My 5 elements”, every Wednesday and Saturday morning. It involves learning of the five key elements that the company uses to produce its wines — water, steel, wood, cement and glass.

The [Azienda Foradori](http://www.agricolaforadori.com) winery in Mezzolombardo is a great example of constantly evolving creativity, blossoming into a fully rounded farm project where livestock breeding and vegetable farming go hand-in-hand with winemaking. The **“FermentiAmo”** experience involves a walk through the vineyards, sampling raw materials picked straight from the gardens and vegetable plots.

Wine is not the only star of these experiences: in fact, Trentino is the historic homeland of grappa. At [Villa de Varda](https://www.villadevarda.com/en/) in Mezzolombardo, from Monday to Saturday, visitors can take part in a visit to the distillery of the Dolzan family, who boast six generations of distillers. Visitors can learn everything they ever wanted to know on the topic thanks to the **“VdV Experience.**

[Maso Poli](https://www.masopoli.com/en/) farmhouse offers a female perspective: three sisters represent the third generation of a family whose history is firmly rooted in a land where wine is everything. This experience, which is held from Monday to Saturday, takes guests on a tour suitable for any age.

**Maso Grener** is a family-run company with a historic passion for vineyards that is opened over weekends. The tour involves a stroll through the Nosiola vines, accompanied by the narration of the local legends and family stories that have left their marks on the farmed land to this very day. Along the way, immense beauty and views of the entire Valle dell’Adige and the Piana Rotaliana can be savoured. The experience concludes with gathering around a table beneath Chardonnay pergolas offering cool shade from the sun’s rays and sampling 5 glasses of wine along with Sunday brunch, thanks to a collaboration with the Maso Tratta restaurant.

For further information and the full programme: [click here](https://www.visittrentino.info/it/articoli/gusto/enoturlab)

**THE PRODUCTS AND FLAVOURS OF SUMMER IN TRENTINO**

Start a “sensual” journey through Trentino by sipping Teroldego or Marzemino or raising a glass of Trentodoc.

The partnership between agriculture and tourism is a fruitful one that benefits both sectors. **Trentino Wine and Food Trail** has lots to offer, including a diverse range of activities: events dedicated to specific wine varieties, open wineries, wine exhibitions and high-altitude tastings.

For more information and calendar [click here](https://www.tastetrentino.it/).

Every weekend throughout the month of May, can take part in **Gemme di Gusto**, a series of outdoor initiatives in vineyards, woods and meadows in bloom, with walks, outings and guided tours further enhanced by delicious wine tastings and excellent food. Savour the full, rich bouquet of scents from Trentino’s enchanted world of food and wine, with a return to nature.

In August Trentino’s finest wines are showcased at **Chalet Fiat in Madonna delle Campiglio**, in the [**Calici di Stelle**](https://www.tastetrentino.it/le-tre-strade/strada-del-vino-e-dei-sapori-del-trentino/scoprire/eventi/dettaglio-eventi/articolo/calici-di-stelle-1/) event**.** The wineries and distilleries associated with the [Trentino-Alto Adige chapter of the Wine Tourism Movement](http://bit.ly/MTV_TAA) welcome guests to a magical evening spent together in appreciation of excellent wines, enjoying gourmet treats and a panoramic view of the Brenta Dolomites, made all the more special by the sight of falling stars.

Click here for more information: [www.tastetrentino.it/en/the-three-routes/the-trentino-wine-and-flavours-route/the-trentino-wine-and-flavours-route/](http://www.tastetrentino.it/en/the-three-routes/the-trentino-wine-and-flavours-route/the-trentino-wine-and-flavours-route/)

In addition to **Trentino Wine and Food Trail**, there are other trails dedicated to Apples, or on Cheese from the Dolomites.

During July and August, the castles of the Noce valleys will also open their doors to tourists as part of the **“Castelli e Gusto”** experience, offering the finest local flavours in historic settings rich in art, and tastings of the best produce from the area. During summer, enjoy a nice **picnic.** Get your meal prepared by the region’s finest chefs using local, zero-km produce, then your open-air lunch is a true gourmet treat!   
Click here for more information: [www.tastetrentino.it/en/the-three-routes/the-val-di-non-and-val-di-sole-apples-and-flavours-route/the-val-di-non-and-val-di-sole-apples-and-flavours-route/](http://www.tastetrentino.it/en/the-three-routes/the-val-di-non-and-val-di-sole-apples-and-flavours-route/the-val-di-non-and-val-di-sole-apples-and-flavours-route/)

Finally, shifting our attention to the Fiemme, Fassa and Primiero valleys with the **Dolomite Cheese Trail**, fully dedicated to farmstead cheeses. **Cheesenic** offers diners scrumptious picnic baskets stuffed with local produce and cheeses to enjoy among the flowering meadows of the Italian Alps.

Learn more here: [www.tastetrentino.it/cheesenic](http://www.tastetrentino.it/cheesenic)

The new **Maso Trentino** initiativein Val di Fiemme, Val di Fassa, San Martino di Castrozza, Primiero and Vanoi, offers an open-air experience with a rustic twist. The distinctive places and features of Maso Trentino showcase rustic, agricultural buildings, farmhouses with rural identities on the outskirts of village located deep in the heart of nature, built with a green approach and preserving a history that’s waiting to be discovered.

Discover the experiences at [www.tastetrentino.it/masotrentino](http://www.tastetrentino.it/masotrentino)

Finally, guests who choose to visit **Val Rendena and Madonna di Campiglio** in the summer, the local tourist board has arranged a wide variety of activities:

**“Raccogli l’Attimo”** consists of seeking and gathering wild fruits on the mountain, accompanied by expert guides.

**“Spiagge Alte”**is an unforgettable experience by the “beach”, with music and cocktails made using wild herbs served along the banks of mountain rivers.

The **“Colazione sull’erba”** experience consists, as the name suggests, of a breakfast on the grass, like a tableau from the 1800s: follow guides to some of the most picturesque and well-hidden Alpine oases on foot or by bike.

And for the hungry foodies, **“Di Prato in Pranzo”** offers a gourmet tasting lunch in an Alpine hut. A special guide, Noris Cunaccia known as the “Herb Lady” will share her incredible knowledge on how to find and gather wild herbs and prepare traditional dishes using the great findings.

For further details and the complete calendar, check here: www.<campigliodolomiti.it/topexperience>

For further info: <https://www.visittrentino.info/en/articles/food-and-wine/trentino-wines>