**THIS SPRING, PLAY WITH THE REFLECTIONS OF WATER**

**Waterfalls, alpine lakes, biotopes, streams, and river parks to admire during spring walks. Once the winter has passed, the energy of water returns to regenerate both nature and our bodies. An element in which to move to awaken senses, live experiences, and appreciate their benefits.**

**Walking on the shore of the lakes**

Together with the awe-inspiring mountain ranges, the lakes are an important and defining element of Trentino: **there are 297 of them**. The majority of these (257) are of glacial origin and therefore are found at altitudes above 1,500 metres. Trentino's bathing lakes have been recognized by the Foundation for Environmental Education, which in 2023 awarded the **prestigious "blue flag" to 15 beaches in Trentino**. **Lake Garda** stands out above all, the largest Italian lake, the most celebrated by authentic "giants" of European literature, which in the northern part mixes the Alpine characteristics of the landscape and the Mediterranean of climate and vegetation. But here nature has granted a further gift, **the wind.** “The wind has always been there, it is our engine” - says Vasco Renna, pioneer and windsurfing champion who passed this passion on to his son Nicolò, world champion in this discipline who will be at the start of the Paris 2024 Olympic competitions. “Nature created this lake with this wind that arises in the afternoon and comes in forcefully, the legendary Garda Hour. The mountains, the water, the light: nature has given us so much here. And you feel freer and more human.”

Every morning on Lake Levico, the “red neck grebe” breaks the silence that envelops the lake as it sets off on its ‘long run’ on the surface of the water before taking flight and disappearing into the bank of mist suspended above the water. This spectacle can be observed by walking along the Fishermen's Path in the early hours of the day.

Beyond the Adige Valley, at the foot of Paganella, visitors will find the blue waters of **Lake Molveno** - the most beautiful in Italy according to Touring and Legambiente.

These are some of the suggestions for lakeside, springtime morning walks: <https://www.visittrentino.info/en/experience/lake-holidays>

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**In a tent under a starry sky**On the shores of Trentino lakes, there are countless award-winning campsites equipped with bungalows, pitches and excellent services ranging from swimming pools to wellness areas and trendy glamping facilities. Many are a stone's throw from the waters of lakes Garda, Caldonazzo, Ledro, Molveno, Tenno, Levico and Lake delle Piazze. At the approximately 70 campsites in Trentino found near lakes or in the heart of the Alpine valleys, guests will grasp the regenerative power of nature in all its forms and be ready to set off, on foot or a mountain bike, towards unprecedented shows and experiences in the highlands.

<https://www.visittrentino.info/en/articles/green-holidays/camping-at-the-lake>

**Trentino Fishing: new extended fishing permits**

The reopening of the fishing season is always an important time for Trentino. These are the new wider area fishing permits that guarantee greater freedom of movement on the waters of a vast territory characterised by different environments for a much broader fishing experience.

The first is **Garda Dolomiti Superfishing**, a single permit for over 70 fishing spots, between Lake Garda and the Brenta Dolomites. “This permit”, explains Natale Sartori, coordinator of the project and President of the Basso Sarca Fishermen's Association, “allows you to fish in the largest fishing territory in Trentino.” Now tourists will be able to move freely throughout South-Western Trentino, with a single permit and a single regulation, from one water to another, experiencing lakes, rivers, and Alpine streams all in one day. This permit also simplifies the life of those who go fly and spin fishing in no-kill mode and is an interesting option for residents outside the province. It can only be purchased online at www.trentinofishing.it and is for fishermen who practice "catch&release", fly or spinning; it is valid in almost all the waters of the member associations, with few exclusions. It allows you to fish practically 365 days a year, for €23.00 for one day (€60 for 3 days and €100 for 5 days which can be used in the same week).

The **Gold Fishing Pass** has been available since last summer and brings together the waters of Alto Sarca and Alto Chiese in a single permit. The price is €150.00, purchasable exclusively on trentinofishing.it.

There are many new features on the www.trentinofishing.it App, created to purchase permits from the Trentino fishing associations online. Those for all the main fishing areas of Trentino are now available after the joining of the associations of Vallagarina, Valsugana (which also has all the Lagorai lakes), Levico Terme, Storo and Val di Ledro. Among the new additional services, there is also MTB rental for approaching fishing spots.[www.trentinofishing.it](http://www.trentinofishing.it)

**Beer, when water really makes a difference**

“Cerevisia” is a Latin word that simply means beer, which is also the name of the **beer festival** that **from 17 to 19 May 2024** will liven up the village of **Fondo in Val d Non**. Dedicated solely to Trentino’s production of craft beer, it is a wonderful attraction for travellers seeking bold and fruity hops as an alternative to the region's magnificent wines. Until the middle of the last century, it was quite common practice to produce beer at home, for the family and peasant life but is now a practice that has regained force in Italy and even Trentino has not remained idle. In the small breweries, young brewmasters have dusted off the traditional production methods. They take care of the choice of raw materials, preferably all local, starting with mountain water, different in each valley and allowing the beer all the time it needs to mature.

This festival wants to raise awareness of this reality and these products that reflect the personalities of those who produce them. Filling up the festival schedule will be tastings, round tables, and workshops to learn more about beer and its world: [www.festivalcerevisia.com](http://www.festivalcerevisia.com) .

To discover the most original and curious craft beers of Trentino see here: [www.visittrentino.info/it/articoli/gusto/birre-del-trentino](http://www.visittrentino.info/it/articoli/gusto/birre-del-trentino)

[**Mio Trentino**](https://www.visittrentino.info/it/articoli/info-pratiche/app-mio-trentino) is the official app for experiencing Trentino. It immediately offers lots of advice for your holiday: what to do and what to see and always updated information on openings, events and activities. It's like having a friend who helps us plan the trip, suggests tailor-made experiences and is ready to answer any questions.